


Rosa M^a Rodríguez Jiménez




Professor and senior researcher with international experience specialized in research methodology, dance movement therapy (DMT), developmental psychology, neurodidactics and soft skills. Focused on research on embodiment and DMT applied to self-care, stress reduction, emotional regulation and the creation of healthy educational environments. Specialist in High Sensitivity and Eating Disorders.

Perfectionist, empathetic and passionate about teaching. She believes that personal and professional development goes hand in hand with caring and listening to others.

CONTACT DETAILS

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SKILLS

- **Clinical experience** as dance movement therapist with children with functional diversity, high sensitivity, adolescents with eating disorders and adults.
- **Teaching experience:** 25 years at undergraduate and postgraduate level. Trainer of professionals at international level in dance techniques, skills development, body resources for health, developmental psychology and research methodology in DMT.
- **Research experience:** More than 40 publications in indexed scientific journals and books on educational innovation, soft skills, experiential learning and Dance Movement Therapy in both clinical and Health promotion.
- Teamwork, oral and written communication, interpersonal relationships and group dynamics.

FURTHER INFORMATION

EDUCATION

FORMAL EDUCATION

Bachelor of Psychology (Mention Education)
Universidad Europea (2016) - Madrid

- Observation systems in early childhood mother-child play interaction.
Qualification: Outstanding

Master's Degree in Dance Movement Therapy (20 ECTS)
Universidad Autónoma de Barcelona (2007) - Barcelona

- Mirror Neurons and Empathy in ASD. Qualification: With Honors.

Degree in Education for Special Needs
Universidad Pontificia de Salamanca (2005) - Salamanca

Doctor in Physics
Universidad Complutense de Madrid (1997) - Madrid
Mathematical models for predicting air pollution levels in urban environments. Qualification: Cum Laude with Honors

Degree in Physics Sciences (Physics of the Atmosphere,
Universidad Complutense de Madrid (1991) - Madrid

Teaching Qualification Certificate (1995),
Universidad Complutense de Madrid - Madrid

NO FORMAL EDUCATION

Classical, Contemporary & Antigua Dance (Madrid, Montpellier and New York).
More than 20 years of training with Victor Ullate, Carl Paris, Christian Canciani and Rick Merrill.

Methods of Observation and Movement Analysis
Professional courses organised by the Spanish Association of Dance Movement Therapy (ADMTE) and the **European Association of Dance Therapy**

Authentic Movement, 10 years of practice with Marcia Plevin y Bettina Waissman

EMPLOYMENT EXPERIENCE

Guest Lecturer
University of Arts, CODARTS, Rotterdam, Netherlands.

09/2022-

- Guest lecturer at: Master of Creative Therapies and DMT of the Academy of Arts (Osijek, Croatia) and Kiev (Ukraine), University of Heidelberg (Germany), Chilean DMT Association and Portuguese DMT.
- Member of Dance plus Research Association.
- Registered Supervisor Member of the Spanish Association of Dance Movement Therapy, ADMTE.
- Spanish Delegate for the European Association of Dance Movement Therapy, EADMT (2010-2022).
- Coordinator of the scientific committee of international congresses of the EADMT (2016, 2018 and 2022) and the Asociación Dance plus Research (2020, 2022).
- Member of the Scientific Panel of the journals Body, Dance and Movement in Psychotherapy, *Retos* Education Sciences and Journal of Technology and Science Education

- Research Methodology for Creative Arts Therapies

Guest Lecture

09/2008-

[Universidad Autónoma de Barcelona](#), Barcelona.

- Research Methodology in Dance Movement Therapy.
- Intervention tools for children and adolescents and eating disorders.
- Tutor of Master's thesis.

Lecturer (Accredited)

09/2006 until 07/2021

[Universidad Europea de Madrid](#), Villaviciosa de Odón, Madrid

- Creative Dance, Dance Biomechanics, Personal and Professional Effectiveness (Engineering Degrees), Neurodidactics (Education), Life Cycle Psychology (Psychology), and Dance Movement Therapy (Official Master's Degree in Eating Behaviour Disorders).
- Development of memories for the degrees of Primary and Early Childhood Education and Dance Sciences.
- Leader of the research group "Experiential Learning and Personal Development" Research areas: educational innovation, embodiment in higher education and Dance Movement Therapy

Full Professor

09/1998 until 08/2006

[Universidad Europea](#), Villaviciosa de Odón, Madrid

- Physics and Mathematics, Dance Movement Therapy, Creative Movement for People with Disabilities
- Pedagogical Mentor (2014-2016)
- Responsible of the Volunteering and Cooperation Office (2002-2009)

Dance Movement Therapist

[Pixineos](#), Hospital Niño Jesús and [Instituto de Alternative Medicine](#) Madrid

Clinical sessions with adults, children with autism spectrum disorder and adolescents with eating disorders.

Associate Professor

09/1998 until 06/2000

[Universidad de Comillas](#) Madrid

Multivariate Statistics in Industrial Engineering Degree

Dance Teacher

09/1991 until 07/1996

[Duque School](#) Madrid

Classical Dance, Contemporary Dance (Limon) and Stretching

SOCIAL NETWORKS



[Google Scholar](#)

[ResearchGate](#)

TEDxTalk (2017) Rigour without rigidity: body and empathy in the classroom

www.youtube.com/watch?v=PYGzsgH3ZE

Web page www.rosamariarodriguez.com

RESEARCH INDICATORS

H-index Google Scholar: 2; n°cites: 523

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